

# Kidney health education - have a health check

(2007)



**Type:** Poster

**Description:**

This series of five posters provide bright and simple illustrations of core health messages including:

- have a health check
- no smoking
- exercise
- diet
- keep kidneys healthy

**Producer:**

Kidney Health Australia, Canberra

**To order copies of this resource**

Kidney Health Australia

Ph: (03) 9674 4300

Email: [info@kidney.org.au](mailto:info@kidney.org.au)

**View website:**

Kidney Health Australia

<http://www.kidney.org.au>

**When to use this resource:**

These posters could be displayed at prominent community locations to raise people's awareness of kidney health or to generate discussion on ways to keep kidneys healthy.

